

2023

ACTIVITY REPORT

**MALAWI
RELIEF
FUNDUK**

Striving to relieve poverty
UK Charity Reg No.
1119600



Chairmans Forward

It is with great pleasure we introduce to you the 2023 Activity Report for Malawi Relief Fund UK. The report gives our supporters and donors an insight into the programmes delivered over the past twelve months as well as a glimpse of our future plans.

I would first like to thank all our donors. Without your donations, we would never be able to carry out the important work which has eased the pain and made a difference to so many lives in Malawi.

I would like to pay tribute to our staff, volunteers and trustees who have dedicated many hours to ensure MRF's Charity activities run smoothly and have also been at the forefront in delivering vital aid to help alleviate poverty in Malawi.

Our focus is to improve access to education, health care, provide clean water and sanitation. We also aim to relieve poverty by building capacity through our empowerment programmes aimed improve livelihood opportunities thus improving living conditions.

This year has been extremely challenging with the difficult economic conditions in the country. The cost increases and cost uncertainties, the shortage of foreign exchange, and the lack supply of materials have all had an impact project delivery.

The increase in cost of living has also had a significant impact on food security with millions predicted to be facing food shortage this year.

With that in mind, it has been a huge year for MRF where we built over 600 houses, 10 new community complexes, built 2 new vocational centers in rural areas, one new ECD, completed works on our first health clinic, further developed the vocational training center introducing the electrical programme. Works at

our new orphanage in Jali, Zomba District is progressing well scheduled to open in July accommodating 100 children providing boarding as well as secular and Islamic education.

Our teams on the ground have developed a comprehensive understanding of the local conditions which has been pivotal in enabling us to confidently develop and deliver innovative programmes to meet local needs.

Our strong partnerships and working arrangements with our local partners have enabled us to increase our capacity to deliver programmes more efficiently and effectively on your behalf. We take this opportunity to thank all our delivery partners Al Mahmood Foundation, Al Falah Educational Trust, Islamic Zakat Fund, LIMO, and Maryam Girls Teacher Training College.

As a charity we continue to strategize to maintain our 100% donation policy. We take the trust of people very seriously and guarantee that every penny we receive from you is spent supporting the causes and projects you have donated to in Malawi.

We continue to be amazed at the fantastic support and commitment of our donors, supporters and volunteers that help the poor and needy in Malawi. We extend our heartfelt appreciation and gratitude to all of you as we would not be able to deliver our programme without your generous support and donations.

We hope you will continue to support us as we enter another eventful year.

Chairman
Mr. Faruk Bharucha

About Malawi

Malawi still remains one of the poorest countries, ranking 186th out of 192 countries.

75% of Malawians live on less than £1 per day

Only 9% of the population have electricity

Malawi has the 2nd fastest growing population in the world, currently around 18.5 million

95% of the population are young or elderly dependents, and the average age is 16yrs old

80% living in rural areas and relying on small scale household farming

1 in 7 children die before the age of 5

1 in 3 don't have access to clean water

1 in 7 women die at child birth

Over 1 million orphans

9.9 Million people do not use basic sanitation

ACCESS TO CLEAN WATER

MRF is working full steam to improve access to clean water.

Over 5.6 million people in rural areas do not have access to clean and safe water. 3,000 children die every year linked to dirty water, namely diarrhoea and dysentery.

During the year MRF continued to improve access to clean water and Sanitation providing clean water to approximately 18,000 people and saving lives.



1,685
water points created to date, providing water to over 220,000 people

50
handpumps installed this year

80
boreholes dug this year

Deep bore hole £1,800
OR donate any amount to the Clean Water Project. Share a bore hole with 4 other people for £450 per share Lillah only.



GIFT OF SIGHT

MRF is committed to improving access to healthcare.

Our Gift of Sight Programme aims to improve access to treatment and restore vision. Malawi has one of the highest levels of preventable blindness with over 160,000 people having low vision due to cataracts.

Access to this, simple lowcost, and life changing surgery is often unaffordable and out of reach for many Malawians. This year we delivered 5,230 operations in 12 Hospitals across all the regions.

Screening over 45,000 people of which 43,000 received some form of treatment and 129 referred to a hospital for further treatment.

The Gift of Sight programme targets people in rural areas where there are no hospitals providing cataract operations free of cost.



5,230
operations completed last year

33,208
cataract operations carried to date

Cataract Operation £40
Zakat, Sadaqah and Lillah can be given

HEALTH CLINIC

With your help our first clinic opened its doors in Nkhotakota.

The nearest clinic was 12 KM away and we hope this will provide much needed free primary healthcare to poor and needy families helping to save lives and improve their health and well-being.

- Highest maternal and neonatal mortality rates in the world.
- Malnutrition is one of the leading causes of death
- Estimates that one child in eight dies before their fifth birthday
- Half of all children under the age of five have stunted development.
- Around a million HIV positive and AIDS
- Only 46% of the population live within 5KM of a clinic

Alongside this clinic plans have been drawn up to develop an under 5's unit and a maternity unit in the future.



Help save a life by supporting access to basic health care.

URGENT APPEAL for £20,000 towards the clinic

Please donate any amount towards the Clinic Zakat, Sadaqah and Lillah can be given

IMPROVING ACCESS TO ENT SERVICES

MRF improving access to Ear Nose and Throat (ENT) services in Malawi.

Malawi has limited infrastructure and facilities for ENT. The country has One ENT consultant in the country for almost 19 Million people.

There is a lack of qualified trained clinician the operating theatres are not fully equipped and desperately needs some essential operating equipment.


MRF have teamed up with Senior well experienced ENT consultants who have been visiting Malawi to assist with more complex cases and providing training which they do at their own cost.

To ensure the Consultants who visit 2 to 3 times per year can undertake the complex surgeries they need a functional operating theater that is fit for purpose.

We have sourced the key equipment which includes, sterilizing equipment, theater lights, theatre operating table, a diathermy.

This is needed urgently and we appeal for your support



 MRF donates beds to the ENT unit



Please donate generously and help save a life

Lillah only

WHEELCHAIRS & TRICYCLES

TRICYCLES

The tricycles promote independence and encourage self-reliance. Each tricycle is bespoke for the beneficiary to ensure it fully meets their needs and requirements.

WHEELCHAIRS

For most people who have poor mobility in the villages would struggle to afford a wheelchair. The impact on the health and well-being would be enormous. MRF through your support donated 60 wheelchairs to individuals to help improve their mobility and quality of life.

WHEELCHAIRS FOR HOSPITALS

MRF delivered 40 Wheelchairs to Hospitals and Clinics to improve mobility for the patients.



100
wheelchairs donated

Wheelchairs £100
Tricycles £210

Zakat, Sadaqah & Lillah
can be given

TEACHER TRAINING

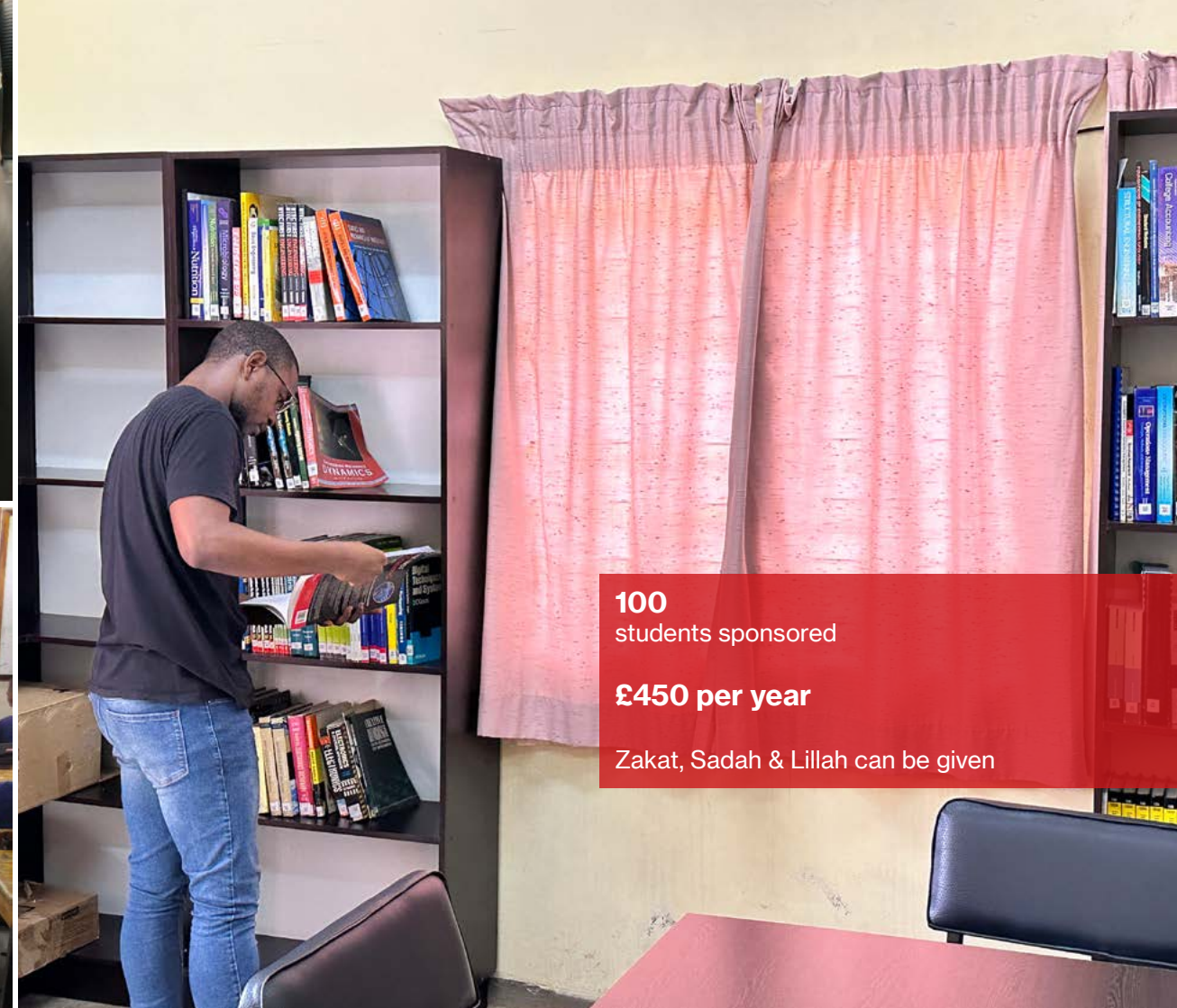
MRF pushing improvement in education supporting new teachers.

There is an acute shortage of primary school teachers, classrooms and resources across Malawi.

To help alleviate the problem MRF sponsor 100 Students at Maryam Girls Teacher Training College. The students from poor families are unable to afford the fees and are given the opportunity to qualify as primary school teachers.

Upon graduation, all of the students secure meaningful employment as primary school teachers in government or private schools.

This programme also fits in very much with our objective of supporting women and giving them the opportunity to access higher and further education.



100
students sponsored

£450 per year

Zakat, Sadah & Lillah can be given

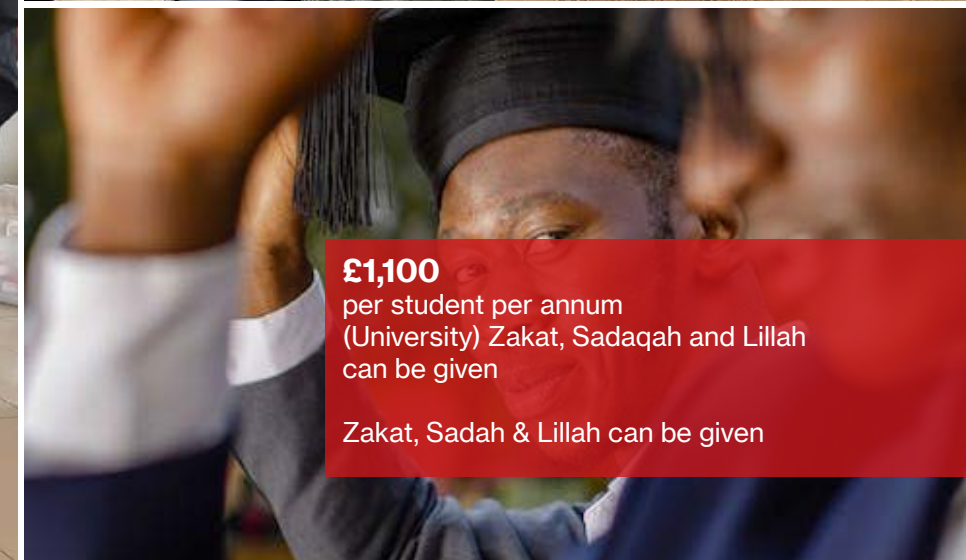
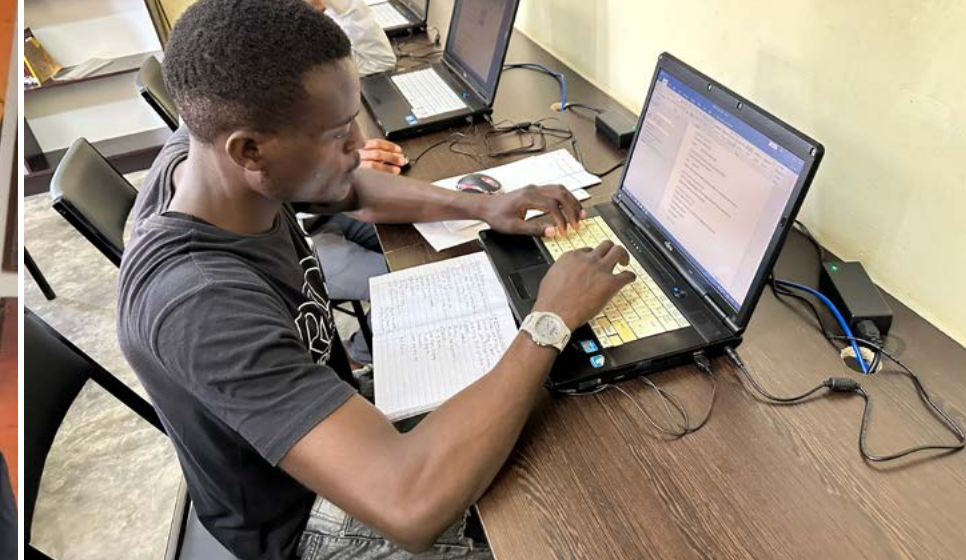
TALHA SCHOLARSHIP

Helping to Create Tomorrow's Leaders

Malawi's tertiary education enrolment rate is among the lowest in the world mainly because:

- Students are unable to afford the university fees
- Students in rural areas unable to access universities
- Limited people get the government loans - everyone else relies on scholarships

MRF's TALHA Scholarship Fund provided scholarships to 262 students on a range of degree programmes in the various universities in Malawi.



£1,100
per student per annum
(University) Zakat, Sadaqah and Lillah
can be given

Zakat, Sadah & Lillah can be given

ECD

(EARLY YEARS CHILDHOOD DEVELOPMENT)

MRF ECD's giving children the good start.

MRF have established 5 ECD's with a further 4 planned for this year. Our programme fits into the government's strategy of Early Childhood Development where children can learn in a safe, healthy, nutritious, inclusive, and stimulating environment.

The children are provided porridge at the nursery, which for many is their only meal for the day.

The centres also offer parenting, health awareness, skills development for the mothers and local women. Our aim is to also prepare the children for primary school and support their intellectual, emotional and spiritual development.



£40
a year to sponsor a child at the ECD

Zakat, Sadah & Lillah can be given

VOCATIONAL TRAINING

MRF equipping students with construction skills ready for employment.

MRF's Maone Vocational Training Centre offers students key construction skills, carpentry, joinery, bricklaying and plumbing and Electrical / Solar The students are also provided placement opportunities in industry to gain valuable experience, prepared for service and making a positive contribution in their communities.

The objective of this programme includes:

- To equip young men and women with the technical and vocational skills and knowledge to promote self-reliance and break the cycle of poverty
- To improve their chances of securing employment or start their own small-scale business.

Rural Vocational Centre's

We have now launched our new informal skills development programme in rural areas to include a range of accredited courses aimed to promote self-employment and economic empowerment of the local masses in rural areas. These include, tailoring, agriculture and farming, construction, nursery child care, etc.



168
students at the vocational
centre

96
students in rural vocational
centres

EMPOWERING WOMEN

The Women development programmes supports women, mainly widows, to develop tailoring skills, and receive basic education including child care and social life skills.

The aim is to help equip them with the skills to be able to generate an income and sustain their families.

The tailoring programme is delivered in a number of our centres all in remote rural areas to ensure it is accessible to all.



150
women given sewing
machines

£150
per participant

Zakat, Sadaqah & Lillah
can be given

ECONOMIC EMPOWERMENT

Farmers Packs

Small household farmers are provided with farming inputs including fertilizers to help them achieve food self-sufficiency and income of resource through increased food and cash crop production. This also ensures a sustainable food supply for the year thereby reducing their reliance on aid.

Winter Cropping

One of the objectives of our Building Resilience Programme is to encourage small household farmers to change their farming patterns and where possible, plant an additional winter crop to promote and stimulate self-sufficiency and supplement the main harvest.

Goods Bicycle Taxi

The programme provides a kick start to individuals by providing an adapted passenger bicycle which enables the individual to earn a living by either taxiing goods or by using it to transport goods which they sell at the local market.

Passenger Bicycle Taxi

The programme provides a kick start to individuals by providing an adapted passenger bicycle which enables the individual to earn a living by using it as a passenger taxi.



Help provide a family with a source of income.

£110
per bicycle

250
bicycles provided

3,000
farmers supported

Zakat, Sadaqah & Lillah can be given

Looking Ahead²⁰²³



Rural vocational training centres

MVTC Swadiki
MVTC Chapola
MVTC Chotoka

Talha Scholarships



Shukran Zomba ECD
Shukran Swadiki ECD
Shukran Chitokwa ECD
Shukran Chapola ECD



Shukran Orphanage Zomba
Shukran Orphanage Jali
Shukran Orphan Sponsorship



SHUKRAN
MEDICAL

Shukran Nkotakota Clinic
Gift of sight

INVESTING IN THE ENVIRONMENT

MRF launch tree planting programme to invest in the environment

Deforestation in the country is estimated to be responsible for the loss of around 33,000 hectares per year. This has led to forest degradation, fragmentation of wildlife habitats and challenges for local farming communities.

Research has shown that farmers who plant trees can help to overcome many of the problems being experienced in Malawi.

Trees have the potential to provide a wide range of benefits to farmers, including better soil fertility and crop yields, more firewood, fruits that supplement nutrition and opportunities for income generation.

Planting trees on farms can play an important role in poverty reduction and improving food security. This project will focus on maximizing tree species diversity, while planting fruit and medicinal trees useful for the community.

Support us to plant half a million trees to help the environment, the farmers and the local community.

Anas bin Malik narrated:

The Messenger of Allah peace and blessings be upon him said, *"There is none amongst the Muslims who plants a tree or sows seeds, and then a bird, or a person or an animal eats from it, but is regarded as a charitable gift for him."*

Sahih al-Bukhari 2320



£1
to help save the planet
by planting a tree



DIRECT SUPPORT PROGRAMME

Our Direct Support Programme (DSP) is part of our social protection strategy and aims to reduce poverty and hunger among ultra-poor and vulnerable households living in some of the remotest villages.

The householders are provided with a pack of essential items and food every month. Where necessary they are provided with money to support their basic needs.



Help support a family for a month.

£20
per family per month

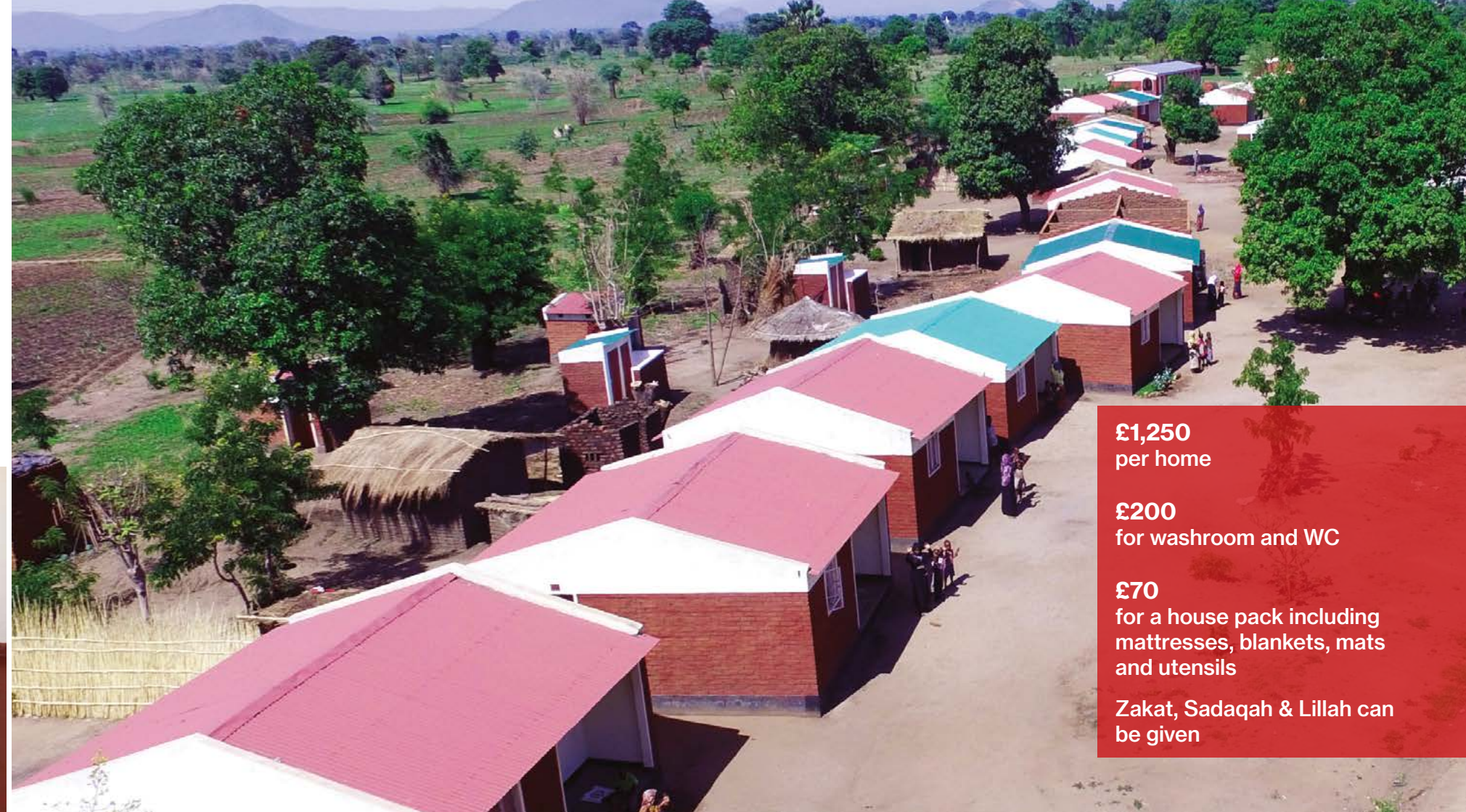
Zakat, Sadaqah & Lillah can be given

PROVIDING DECENT HOMES

Almost 82 % of the population live in rural areas and live in sub-standard mud-houses with thatch roofs giving little protection against the elements. Astonishingly over 80% of the population don't have access to WC's.

Our shelter programme will also aim to provide WC's and washrooms to improve living conditions, improve sanitation and their health and wellbeing.

Till date we have constructed over 3,000 homes and just in **2022** we have built **681** homes.



£1,250
per home

£200
for washroom and WC

£70
for a house pack including
mattresses, blankets, mats
and utensils

Zakat, Sadaqah & Lillah can
be given

Supporting Orphans

Give an orphan a good start in life. Malawi has over one million orphans. 1 in 5 households are looking after an orphan or vulnerable child and many of these households are headed by girls, women and elderly women.

Most of families caring for orphan or vulnerable children in Malawi lack the means to provide their family members with basic necessities.

The sponsorship programme will ensure the child is taken care of in a safe, secure, loving and caring environment provided with good education as well as spiritual, social and intellectual development.

The children will be provided with boarding, food, health care, clothing and resources to help with their learning and day to day needs.

You can sponsor a child and we will ensure they are provided with the care, education and support at a good centre managed by our partners.



Shukran (JALI) Orphanage

Work is progressing well and will provide good quality living and educational facilities to cater for 100 orphans.

The complex also includes community facilities including, a Masjid to serve the local community, a learning block, a nursery and a women development center.

The shukran orphanage in Jali is scheduled to open in July 2023.



DEVELOPING COMMUNITIES

Most communities in rural areas are isolated from support services. Our concept of developing a community complex comprising of a Masjid, a learning block which is used to teach children, adult learning along with women development programmes.

We have started to introduce a nursery creating a local hub for community engagement and development. We also provide a borehole which provides access to clean water for the local community in the surrounding villages.

The complexes are used to support our humanitarian aid including distribution of food, farmers packs as well as community and training programmes. This ensures the centres are well used.

Community Hubs includes:

- Masjid
- Learning block and teachers house
- Early Years Childhood Development - Nursery
- Women Development Centre
- Rural Vocational Training Centre
- Teachers house

Help empower and develop the local community. We have **created 82 community hubs**. Another 10 hubs are in the pipeline to start on site. The cost may vary depending on location, size and specification required.

Please contact a member of the team to discuss your proposal.

Only Lillah can be given.



RAMADHAN FOOD PACKS

Ramadhan Food Packs

As part of our programmes to address food insecurity, the Iftar food packs provide families with much needed food during this blessed month.

Masjid Iftaris:

The programme provides cooked meals prepared by the locals at the masjid for a collective Iftari for on Average 40-50 people. This is a great program which encourages the local people from the villages to participate in the preparation of the meals and to join in the collective festive meal at Iftari time.



140,00
cooked meals provided

80,00
food packs provided

£35 per pack
Masjid Iftar: £10 per
day or £300 for
the month
Zakat, Sadaqah and
Lillah can be given

MAKING
Zid
JOYOUS



20,000
children provided with
eid gifts

£2.50
per eid gift

£15
per eid hamper

*Zakat, Sadaqah and
Lillah can be given*

SADAQAH SACRIFICE

Sadaqah Sacrifice

Sadaqah sacrifice is the voluntary sacrifice of an animal performed for the sake of Allah on one's own behalf or someone else's behalf. We are able to deliver the sadaqah on your behalf either a small or large animal and distribute the meat to poor and needy families.

Aqeeqah and Aqeeqah Dawat

The performance of Aqeeqah (sacrifice in gratitude when they are bestowed with a child) is highly encouraged. It is to be performed by the parents or the guardians of the child. We are also able to implement Aqeeqah and either distribute the meat or provide a cooked meal for the poor and needy.

Waleemah Dawat

We can also provide a Waleemah dawat by providing cooked meals for distribution to the poor and needy.

Qurbani

Our Qurbani programme is well organised and reaches out to many poor families and individuals in the most remote areas at this festive time.



4,347
animals sacrificed for
sadaqah and qurbani

Goat Sadaqa : £30
Dawat Aqeeqah : £170 (at
the Orphanage)
Dawat Waleemah 100 peo-
ple from £200
Qurbani £40

HOW YOUR DONATIONS HAVE HELPED

TOTAL INCOME
£3,648,208

Provided **90,000**
food packs to
families

Supported **120**
orphans at other
centres

Built **604** new
homes

Constructed **204**
water points
providing water
for **18,000**
people

Carried out
5,346 cataract
operations

Looked after
60 children at
our shukran
orphanage

Built **15** new
community
hubs 82 in total
with 10 in the
pipeline

Provided **120**
wheelchairs for
the disabled

Distributed
3,000 blankets
to families

Supported **180** women
provided training and
development

Delivered **4,347**
qurbanis &
sadaqah sacrifices

Provided **10**
bespoke
tricycles

Trained **164**
students at the
vocational
training centre

Sponsored **100**
scholarships for
teacher training
college

Sponsored **150**
children with a
secondary
school bursary

262 graduates
scholarships
for degree
programmes

Supported **210**
householders on
the monthly direct
support programme

Provided **250**
bicycles for taxi
and goods

Provided **210**
children with
nursery care

TOTAL EXPENDITURE
£3,947,728

How to Donate:

1. **By Post:** Malawi Relief Fund UK, 63-65 Victoria Street, Blackburn, BB1 6DN
2. **Bank Transfer:** Natwest Bank, Account Number 14210959 Sort code: 01-00-85
3. **Donation Point:** 63-65 Victoria Street, Blackburn, BB1 6DN
4. **Online at:** www.malawirelief.org
5. **By Phone:** Contact one of the persons listed below

BANK TRANSFER

UK BANK ACCOUNT

Bank Name: Natwest Bank
Account Number: 14210959
Sort code: 01-00-85

Reference:
Donor Name and Donation Type

BANK TRANSFER

MALAWI MK ACCOUNT

Bank Name: Standard Bank
Account Number: 9100000381265
Reference:
Donor Name and Donation Type

ONLINE
at
malawirelief.org

Donate securely through PayPal

Please kindly note that for various reasons which are beyond our control, such as exchange rates, cost of commodities, the cost for the project you have donated for may vary. Please note, and be assured, that any surplus funds will be used on the same or similar projects where most needed.

DONATION POINT



63-65 Victoria Street, Blackburn,
BB1 6DN

Card & Cash accepted

Remember to Increase Your Donation by 25%
Simply Complete the Gift Aid Declaration

Donate generously

All of your donations will be used for the poor and needy

Contact one of the persons listed below:

Leicester

Iqbal Lambat 07886 275325
Shaukat Patel (Onyx) 07702 333933

Manchester

Musa Dudha 07957 107545
Zunaid Chunara 07817 517958

Batley/Dewsbury

Qari Ismail Makda 01924 444250
Maulana Habil 01924 477828
Hashim Valli 07884 478677
Iqbal Bhana 07831 391814

Bolton

Yusuf Mangera 07866 019239
Gaffar Patel 07801 819701
Ibrahim Dakri 07933 805085
Altat Limbada 07834 269553
Salma Bobat 07715 561388

Blackburn

Suleman Dudhia 07727 060723
Ahmed Bobat 07807 024757
Ismail Valli 07855 856165
Faruk Bharucha 07870 599753

Preston

ML Makbul Saheb 07877 237316
ML Mubarak Patel 07769 255695
ML Ilyas Desai 07713 147797

London

Yunus Bobat 07939 577574

Birmingham

Nazir Teladia 07764 565514

Malawi

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www.malawirelief.org | info@malawirelief.org
Charity Reg: 1119600

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PO Box 51872 | Limbe | Malawi
Tel: +265 888 82 70 58 | Email: admin@malawirelief.org



Multiply *Your* Fasts

{RAMADHAN 2023}

RAMADHAN
FOOD PACKS

£35

EID FOOD
PACKS

£15

MASJID
IFTAAR

£10

EID
GIFTS

£2.50

63-65 Victoria Street Blackburn BB1 6DN
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www.malawirelief.org



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RELIEF
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